Exercise Testing Risk Language:

All tests will be performed by trained investigators with qualified supervision, and all precautions will be made to minimize the minimal risks associated with exercise stress testing. The risks associated with exercise stress testing include but are not limited to:

1. Minor jaw/mouth discomfort from wearing a mouthpiece
2. Feelings of claustrophobia from the mouthpiece and head gear
3. Redness or mild irritation from skin electrodes, alcohol, or gel used to prepare the skin
4. Dizziness, fatigue, shortness of breath, muscle or connective tissue strain, hypertension, heart attack, irregular heartbeat, stroke, and death.
5. The overall risk of exercise testing in a mixed population is approximately 6 cardiac (heart) events per 10,000 exercise tests and the risk of death during or immediately after an exercise test is less than or equal to 0.01%.
6. Muscle, ligament, tendon or joint discomfort, soreness, swelling, pain, strain, tear, or injury